

SYMPTOM SEVERITY SCALE

79826.02

The following questions refer to your symptoms for a typical twenty-four-hour period during the past two weeks (circle one answer to each question). If possible, could you try to answer the questions twice - once for your right hand and once for your left hand - of course if you only have problems with one side then all of the answers for the side without symptoms will be '1'

	ANSWERS FOR RIGHT HAND	ANSWERS FOR LEFT HAND
How severe is the hand or wrist pain that you have at night?		
I do not have hand or wrist pain at night.	1	1
Mild pain	2	2
Moderate pain	3	3
Severe pain	4	4
Very severe pain	5	5
How often did hand or wrist pain wake you up during a typical night in the past two weeks?		
Never	1	1
Once	2	2
Two or three times	3	3
Four or five times	4	4
More than five times	5	5
Do you typically have pain in your hand or wrist during the daytime?		
I never have pain during the day	1	1
I have mild pain during the day	2	2
I have moderate pain during the day	3	3
I have severe pain during the day	4	4
I have very severe pain during the day	5	5
How often do you have hand or wrist pain during the daytime?		
Never	1	1
Once or twice a day	2	2
Three to five times a day	3	3
More than five times a day	4	4
The pain is constant	5	5
How long, on average, does an episode of pain last during the daytime?		
I never get pain during the day	1	1
Less than 10 minutes	2	2
10 to 60 minutes	3	3
Greater than 60 minutes	4	4
The pain is constant throughout the day	5	5
Do you have numbness (loss of sensation) in your hand?		
No	1	1
I have mild numbness	2	2
I have moderate numbness	3	3
I have severe numbness	4	4
I have very severe numbness	5	5
Do you have weakness in your hand or wrist?		
No weakness	1	1
Mild weakness	2	2
Moderate weakness	3	3
Severe weakness	4	4
Very severe weakness	5	5
Do you have tingling sensations in your hand?		
No tingling	1	1
Mild tingling	2	2
Moderate tingling	3	3
Severe tingling	4	4
Very severe tingling	5	5

	ANSWERS FOR RIGHT HAND	ANSWERS FOR LEFT HAND	#.##
How severe is numbness (loss of sensation) or tingling at night?			
I have no numbness or tingling at night	1	1	
Mild	2	2	
Moderate	3	3	
Severe	4	4	
Very severe	5	5	
How often did hand numbness or tingling wake you up during a typical night during the past two weeks			
Never	1	1	
Once	2	2	
Two or three times	3	3	
Four or five times	4	4	
More than five times	5	5	
Do you have difficulty with the grasping and use of small objects such as keys or pens			
No difficulty	1	1	
Mild difficulty	2	2	
Moderate difficulty	3	3	
Severe difficulty	4	4	
Very severe difficulty	5	5	

FUNCTIONAL STATUS SCALE - RIGHT HAND

On a typical day during the past two weeks have hand and wrist symptoms caused you to have any difficulty doing the activities listed below? Please circle one number that best describes your ability to do the activity with your right hand. If you do not usually use your right hand for this activity at all then please answer '1'

	No difficulty	Mild Difficulty	Moderate Difficulty	Severe Difficulty	Cannot to at all due to hand or wrist symptoms
Writing	1	2	3	4	5
Buttoning of clothes	1	2	3	4	5
Holding a book while reading	1	2	3	4	5
Gripping a telephone handle	1	2	3	4	5
Opening jars	1	2	3	4	5
Household chores	1	2	3	4	5
Carrying grocery bags	1	2	3	4	5
Bathing and dressing	1	2	3	4	5

NOW PLEASE ANSWER THE SAME QUESTIONS AGAIN - THIS TIME FOR THE LEFT HAND

Writing	1	2	3	4	5
Buttoning of clothes	1	2	3	4	5
Holding a book while reading	1	2	3	4	5
Gripping a telephone handle	1	2	3	4	5
Opening jars	1	2	3	4	5
Household chores	1	2	3	4	5